

SURGICAL INSTRUCTIONS FROM GOLD COAST SURGICAL CENTER

Thank you for choosing Gold Coast Surgery Center and we look forward to meeting you on your surgical date. We know that surgery can be a stressful time and a lot of information is given to you before surgery. A member of our staff may have already contacted you in regards to your surgery, arrival time, and pre-op instructions. Included in this email is useful information and reminders for the day of surgery.

Location:

Gold Coast Surgery Center is located on the 9th floor in Water Tower (845 N. Michigan Ave Suite 985W). <https://www.bing.com/mapspreview?&cp=41.89811~-87.62429&lvl=18&osid=2cad8c1f-3182-437d-bbcc-632c5c3f9a04&v=2&sV=2&form=S00027>

Directions:

If you are traveling Northbound on Michigan Ave, 1 block north of Chicago Avenue is Pearson. Turn right at Pearson Avenue. Drive east one block to Mies Van Der Rohe Way and turn left at the stop sign. Drive north one block to Chestnut and turn left at the stop sign. Stay to the left and pull into the Water Tower parking Garage to park.

If you are traveling Southbound on Michigan Ave, 1 block south of Chestnut is Pearson. Turn left on Pearson. Drive east one block to Mies Van Der Rohe Way and turn left at the stop sign. Drive north one block to Chestnut and turn left at the stop sign. Stay to the left and pull into the Water Tower parking Garage to park.

Parking:

We do offer a one time, one car parking validation for you on the day of surgery. A green ticket will be given to you when you register. When exiting the parking garage insert the white ticket and then the green ticket for payment.

As stated above please park inside of Water Tower. The entrance will be on the left side of the street after turning on to Chestnut. Please do not park in the Hancock parking garage. We will not be able to validate your parking.

Directions to the Surgery Center after parking:

Take the garage elevators to "G". Walk to the opposite side of the building to the professional suite elevators. These elevators are located next to the Freshii restaurant. Take it to the 9th floor. You will see a Gold Coast Surgery Centersign when exiting the elevator and walk to the right of the sign. You will then see our waiting area. Please sign in and our Receptionist will start the registration process.

Arrival Times:

Your surgeon's team will communicate with our Scheduler, Sam, what time your surgery will be. Sam will call you 1-2 days in advance to confirm your arrival time. If you time changes, Sam will call you in inform you of your new time.

Pre-operative instructions:

A Pre-admission nurse will go over all of your instructions on the phone. Here are reminder for the day of surgery:

- After midnight the day before your procedure, nothing solid to eat. You may drink clear fluids up to 4 hours prior to your arrival time. We consider CLEAR FLUIDS to be ONLY water, sprite/7up or clear colored Gatorade.

- Bring all of the medications you take on a daily basis to the facility with you in their respective bottles given to you by your pharmacy. The preoperative nurse from Gold Coast Surgerycenter or your physician should have gone over which medications to take the day of your procedure.

- Wear pants that have no belts, buckles or zippers (jogging pants, yoga pants or shorts that pull up.) Shoes that are slip on but skid proof. Wear a short sleeve T-shirt two sizes larger than what you would normally wear. If you are having plastic surgery for your face you should bring a baseball cap to protect your nose. We call your dress for surgery pajama wear because we want our patients to be comfortable as you will be going home to rest and relax after surgery and we want you to be comfortable.

Please plan your surgery day accordingly to meet the following centers policies:

-Children under the age of 16 are not allowed back in the recovery area as a safe measure. Please plan accordingly for child care if this pertains to your situation.

-It is required for a family member or Responsible Adult will be with you at time of check in and to go home. We will need the family member or responsible adult present in our facility to go over discharge instructions particular to your case. This applies for all patient receiving anesthesia.If you do not have a responsible adult and driver please contact your surgeons office ASAP.

Again, thank you for choosing Gold Coast Surgery Center. If you have any questions or concerns regarding this email or your surgery please contact us at 312-521-5500.

The Staff of Gold Coast SurgeryCenter