


Important Information Regarding Cold Therapy Options for Surgery


Dr. Brian Cole recommends an ice machine and/or a gel ice wrap for your post-surgical recovery. Some of these ice options are not covered by most insurance companies; therefore, Midwest Orthopaedics at RUSH does not bill private insurance for most of these products. Patients should decide on what cold therapy is elected prior to the day of surgery. Please contact any DME Store below regarding any questions or concerns you may have.

*All Workers' Compensation providers are automatically requested authorization for Midwest Orthopaedics at RUSH provided ice machines and equipment needed prior to surgery based on prescription and this must be approved prior to dispensing. There is no need to contact the DME Store for an 'option' if you have Worker's compensation.


KNEE COLD THERAPY OPTIONS

 **Breg Polar Care Wave:** Unit provides cold and compression immediately after surgery and throughout your recovery. This is a 'purchased' product and includes both the cold therapy unit and extremity pad.




 **'Rental' 'Recovery+' Machine:** Thermal compression system provides high performance cold therapy, with or without pneumatic compression therapy provided by: 'Integrated Orthopaedics,' a vendor outside Midwest Orthopaedics at RUSH. For more information, please contact: Khoward@integratedortho.net




 **Breg Polar Gel Ice Wrap:** Gel Wraps around your extremity and stays cold for approximately (2) hours. The (2) gels included are used per 20-30-minute icing session and can be billed to your insurance. This is used ideally with less invasive knee surgeries. There is no need to contact the DME Store if you would like this option.




SHOULDER COLD THERAPY OPTIONS

 **Breg Polar Care Wave:** Unit provides cold and compression immediately after surgery and throughout your recovery. This is a 'purchased' product and includes both the cold therapy unit and extremity pad. This unit is preferred for more invasive shoulder repair surgeries.



 **Donjoy Iceman Classic 3:** Unit provides constant cooling for your limb immediately after surgery and throughout your recovery. This is a 'purchased' product and includes both the cold therapy unit and extremity pad. This unit is preferred for less invasive shoulder surgeries.



 **Breg Polar Gel Ice Wrap:** Gel wraps around your extremity and stays cold for approximately (2) hours. The (2) gels included are used per 20-30-minute icing session and can be billed to your insurance. This is used ideally with less invasive shoulder surgeries. There is no need to contact the DME Store if you would like this option.



To RECEIVE a Midwest Orthopaedics at RUSH provided Ice Unit:

****For private insurance patients, you must provide payment at *least* one day prior to your surgery. This can be paid over the phone or in-person at any of our DME Store locations below. The ice unit or gel ice wrap will then be delivered to your surgery location for use immediately after your surgery.**

DME STORE	Phone Number	DME Store	Phone Number
Oak Brook	(708) 492-5664	Oak Park	(312) 432-2550
Chicago	(312) 432-2482	Naperville	(630) 339-2262
Joliet	(708) 492-5921	Munster	(708) 492-5450