

Important Information Regarding Cold Therapy Options for Surgery

Dr. Brian Cole recommends an ice machine and/or a gel ice wrap for your post-surgical recovery. These ice options are not covered by most insurance companies; therefore, Midwest Orthopaedics at RUSH does not bill private insurance for these products. Workers' Compensation providers are automatically requested authorization for Midwest Orthopaedics at RUSH provided ice machines prior to surgery, although this must be approved prior to dispensing. Patients should decide on what cold therapy is elected prior to the day of surgery. Please contact any DME Store below regarding any questions or concerns you may have.

KNEE COLD THERAPY OPTIONS

Aircast Cryo/Cuff IC Cooler: Unit provides cold and intermittent compression immediately after surgery and throughout your recovery. This is a 'purchased' product and includes both the cold therapy unit and extremity pad.



'Rental' 'Recovery+' Machine: Thermal compression system provides high performance cold therapy, with or without pneumatic compression therapy provided by: 'Integrated Orthopaedics,' a vendor outside Midwest Orthopaedics at RUSH. To learn more, please contact: Khoward@integratedortho.net or (800) 455-4204 ext. 16.



Bird and Cronin B-Cool (4) Gel Ice Wrap: This wraps around your extremity and stays cold for approximately (2) hours. Only (2) out of the (4) gels included are used per 20-30-minute icing session and payment is not required before surgery. This is used ideally with less invasive surgeries but can also be used in combination with a purchased ice unit.



Aircast Cryo/Cuff IC Cooler and B-Cool Gel Ice Wrap Combo: This 'Combo' includes both the B-Cool Gel Ice Wrap with (4) gels and Aircast Cryo Cuff IC at a higher discounted rate. Ideally the ice unit could be used while at home, and the gel ice wrap could be used when not at home, as the ice unit should be used while plugged into an outlet.

SHOULDER/ELBOW COLD THERAPY OPTIONS

Donjoy Iceman Classic 3- Unit provides constant cooling for your limb immediately after surgery and throughout your recovery. This is a 'purchased' product and includes both the cold therapy unit and extremity pad.



Bird and Cronin B-Cool (4) Gel Ice Wrap-This wraps around your extremity and stays cold for approximately (2) hours. Only (2) out of the (4) gels included are used per 20-30-minute icing session and payment is not required before surgery. This is used ideally with less invasive surgeries but can also be used in combination with a purchased ice unit.



Donjoy Iceman Classic 3 and B-Cool Gel Ice Wrap Combo: This 'Combo' includes both the B-Cool Gel Ice Wrap with (4) gels and Donjoy Iceman Classic 3 at a higher discounted rate. Ideally the ice unit could be used while at home, and the gel ice wrap could be used when not at home, as the ice unit should be used while plugged into an outlet.

To RECEIVE a Midwest Orthopaedics at RUSH provided Ice Unit and/or Ice Unit & Gel Ice Wrap Combo:

****You must provide payment at *least* one day prior to your surgery. This can be paid over the phone or in-person at any of our DME Store locations below. The ice unit and/or gel ice wrap will then be delivered to your surgery location for use immediately after your surgery.**

DME STORE	Phone Number	DME Store	Phone Number
Oak Brook	(708) 492-5664	Oak Park	(312) 432-2550
Chicago	(312) 432-2482	Naperville	(630) 339-2262
Westchester	(708) 273-8426	Munster	(708) 492-5450