

# Proper nutrition is crucial for a successful recovery after surgery.

Your surgeon recommends **ENROUTE®**, a **4-week program** that provides science-backed nutrition for surgical recovery.



MIDWEST  
ORTHOPAEDICS  
AT RUSH



**Maintains  
Muscle Mass**



**Supports  
Bone Health**



**Enhances  
Immune Function**



**Promotes  
Wound Healing**

## Designed for Orthopaedic Surgery

Most store-bought protein drinks lack key ingredients in sufficient amounts to support muscle recovery.

**ENROUTE® is created by nutrition experts to help support a rapid recovery.**

Available only through your surgeon

Access to dietitians

Delicious flavor options

"I was pleasantly surprised by the great taste. Unlike other supplements I have tried, these drinks were genuinely enjoyable. I noticed a significant boost in my energy levels."

**Shirley F.** | Knee Surgery



"This is the best protein supplement I've had. I prefer it to other shakes since it has much less sugar with all of the good effects."

**Elaine M.** | Hip Replacement

Complete Surgical Nutrition Program

Call **1-800-619-0783** or visit **www.getenroute.com** to order today.

# Own Your Recovery

Surgery can be stressful, but getting the right nutrition doesn't need to be.

**We've got you covered for a smooth recovery.**

Take control

Feel confident

Stay energized

"I've experienced a noticeable boost in energy and my recovery time is much quicker than my previous surgeries where I didn't take the drinks."

Pat H. | Knee Replacement

## YOUR SURGEON RECOMMENDED PROGRAM INCLUDES

56

servings

2

servings



### BUILD

Multi-Nutrient Formula

### PREPARE

Complex Carbohydrate Formula

### SHAKER BOTTLE

Patented Blending Technology

### EXPERT NUTRITION SUPPORT

## Delivered To Your Door



### Order via Phone

Access nutrition experts and dietitians to answer your questions.

1-800-619-0783



### Order Online



1. Visit [www.getenroute.com](http://www.getenroute.com) and click **SHOP**.
2. Find your surgeon to access the program.
3. Select your protein source and flavor.
4. Get ENROUTE® delivered to your doorstep.

## Purchase In-Store

*Available at these locations*

### Chicago

1611 West Harrison Street,  
Suite 103, Chicago, IL 60612  
312-432-2482

### Oak Brook

2011 York Road, Suite 1500,  
Oak Brook, IL 60523  
708-492-5664

### Joliet

963 129th Infantry Drive,  
Joliet, IL 60435  
877-632-6637

### Oak Park

610 S. Maple Avenue, Suite  
1550, Oak Park, IL 60304  
312-432-2550

### Munster

9200 Calumet Avenue, Suite  
S300, Munster, IN 46321  
708-492-5450

### Westchester

2450 S. Wolf Road, Suite G,  
Westchester, IL 60154  
708-273-8426

### Naperville

55 Shuman Boulevard, Suite  
700, Naperville, IL 60563  
630-339-2262



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