



GOLD STANDARD[®] FIT40

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 45

	Amount Per Serving	%Daily Value
Vitamin C (as Ascorbic Acid)	90 mg	100%
Cucumber Extract (Cuvitus [®])	150 mg	*
Hops Extract	100 mg	*
Turmeric Extract (8-Cyclodextrin, Hydrogenated Curcuminoids)	50 mg	*
UC-II [®] Chicken Cartilage (Providing 10 mg Total Collagen)	40 mg	*
Bioperine [®] Black Pepper Extract	10 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Microcrystalline Cellulose, Oat Bran, Silicon Dioxide, Magnesium Stearate.

40MG
UC-II

90MG
VITAMIN C

50MG
TURMERIC



GOLD STANDARD FIT40 Active Joint Health Capsules

- 40 mg UC-II and 90 mg Vitamin C to support healthy joints and collagen synthesis[^]
- 50 mg Turmeric
- 45 capsules
- 1 capsule per day

[^]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GOLD STANDARD FIT40

ACTIVE JOINT HEALTH

Collagen is the main structural protein in the body and it is found primarily in connective tissues – including tendons, ligaments and cartilage. Our bodies can naturally make collagen, however collagen production naturally declines as we age. FIT40 Active Joint Health contains a combination of Collagen Type II (UC-II) and Vitamin C to help support healthy joints and cartilage in the aging athlete.▲



OPTIMUM NUTRITION is regarded as a trusted brand in the sports performance industry. We are obsessed with quality and we are the makers of the most reviewed*, most awarded*, best-selling whey protein powder in the world–GOLD STANDARD 100% WHEY™.

*Based on consumer reviews from Amazon, GNC, Vitamin Shoppe, Bodybuilding.com, Flipkart, AminoZ, Tmall – May 2018.

*Based on Bodybuilding.com "Protein of the Year" awards 2005-2018.