



SHOCKWAVE THERAPY WITH THE ALLAND PRACTICE



WHY CHOOSE SHOCKWAVE THERAPY?

- **Noninvasive:** Shockwave therapy is delivered externally using a PiezioWave device applied at the skin surface. No needles, injections or incisions.
- **Evidence-based:** Supported by growing, high-quality research
- **Safe:** Can be used in patients on blood thinners
- **Convenient:** Typically 5–6 sessions per area
- **Quick recovery:** Resume normal activity right away

WHAT IS SHOCKWAVE THERAPY?

Shockwave therapy is a noninvasive mechanical treatment that delivers sound waves to targeted tissue, triggering a biological response that can reduce pain and support tissue repair.

WHAT CAN IT TREAT?

- Tennis elbow (lateral epicondylitis)
- Golfer's elbow (medial epicondylitis)
- Patellar and quadriceps tendinopathy
- Achilles tendinopathy
- Plantar fasciitis
- Other select tendon or soft tissue conditions



INTERESTED IN LEARNING MORE?

Ask your provider if shockwave therapy could help your condition. Email us at allandpractice@rushortho.com