



# POST-OP KNEE BRACE

## PATIENT APPLICATION

**BEFORE USING THE DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO PROPER DEVICE FUNCTIONING.**

### INTENDED USE AND INDICATIONS

To aid in immobilization and protected range of motion associated with fracture, ACL, PCL, LCL, MCL, and meniscal injuries. The range of motion settings, frequency, and duration of use should be determined by your prescribing healthcare professional.

### APPLICATION INFORMATION

1. Release black buckles to unfasten straps, and open brace flat by pulling both uprights apart (Figure 1).
2. Place the leg on top of the flat brace so both hinges align with the center of the knee joint (Figure 2).
3. Attach each of the black buckles (Figure 3).
4. If straps are too loose, a length adjustment may be required (perform this if brace is sliding/not staying in place):
  - Ensure the Velcro tab is lifted from the strap, allowing the strap to move freely (see arrow position A in figure 4).
  - By pulling the strap away from the body, remove slack from the backside of brace (see arrow position B in figure 4).
  - Lower tab and apply pressure to secure strap.
  - Tighten straps in front by pulling on loose ends then Velcro securely.
5. To remove the brace, release each buckle (Figure 5).

### HINGE ADJUSTMENT & UNLOCKING

A) Adjust the hinge motion settings by pulling the Flexion and Extension stops outward and rotating until the desired angle aligns with the button center. Release stops and ensure they are fully inserted. **\*\*\*Do not change motion settings without consulting your healthcare provider.**

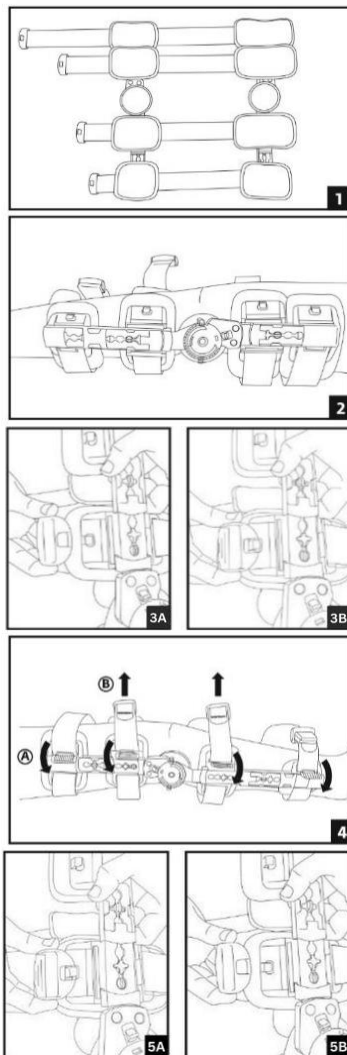
B) The quick-lock feature can be utilized at -10, 0, 10, 20, or 30 degrees, by aligning the red arrow with desired degree and sliding the red quick lock button inward until the lock is engaged. Complete on both sides and ensure uprights do not rotate.

### WARNINGS & PRECAUTIONS

If you experience any pain, swelling, sensation changes, or unusual reactions while using this product, consult your medical professional immediately.

### CLEANING INSTRUCTION

Wipe clean with a wet washcloth and mild detergent or baby shampoo. Wipe again with wet cloth and AIR DRY only; do not heat dry. Regular cleaning is recommended.



### Midwest Orthopaedics at Rush DME Store Contact Information

**Please call or stop in if you have any problems with brace fit or if you have any other questions**

**Chicago** - 1611 W Harrison St. Suite 103, Chicago, IL - (312) 432-2482

**Westchester** - 2450 S Wolf Road Suite G, Westchester, IL - (708) 273-8426

**Oak Park** - 610 S Maple Ave. Suite 1550, Oak Park, IL - (312) 432-2550

**Munster** - 9200 Calumet Ave. Suite S300, Munster, IN - (708) 492-5450

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