

# 20<sup>th</sup> Annual AAOS/AOSSM/AANA SPORTS MEDICINE COURSE

**January 30 – February 3, 2019 • Park City, UT**

**Brian J. Cole, MD, MBA**

Course Director

**CAPT (Ret.) Matthew T. Provencher, MD MC USNR**

**Kevin E. Wilk, DPT, PT, FAPTA**

Course Co-Directors



**Keeping Patients Active Through Biologics,  
Rehabilitation and Contemporary Surgical Techniques**

**[aaos.org/SportsMed](http://aaos.org/SportsMed)**

**AAOS**  
AMERICAN ACADEMY OF  
ORTHOPAEDIC SURGEONS

**aoss<sup>sm</sup>**  
American Orthopaedic Society  
for Sports Medicine

**AANA** | ARTHROSCOPY ASSOCIATION  
OF NORTH AMERICA

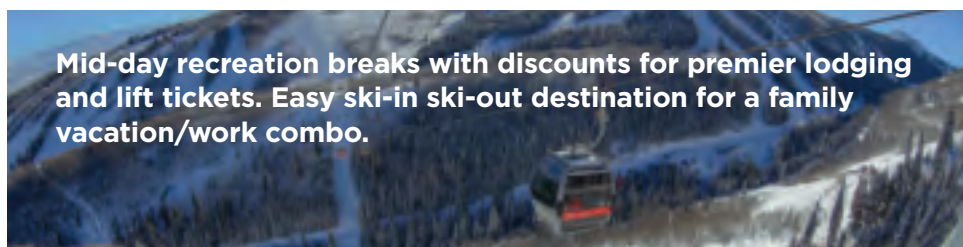
# 20<sup>th</sup> Annual AAOS/AOSSM/AANA Sports Medicine Course

## Participate – Engage – Ski – Learn

Safely return your active patients to play with innovative treatment strategies and unparalleled sports medicine knowledge for all levels of athletic injury.

Small group case-based discussions, interactive participant-expert panels, debates and controversies engage you with expert faculty for a variety of fresh learning approaches and multi-disciplinary solutions to improve your patient outcomes. Each day is structured so you can carve out some time on the slopes, then join your colleagues for more highly engaged learning, expertise and practical approaches brought to you by this powerful partnership.

**Bring your extended team!** An excellent update for PAs, PTs, ATCs, and OTs, from pre-participation to injury treatment and rehabilitation.



**Register early! Course sold out in 2018!**

## Highlights include:

- Keynotes on Top Trending Sports Medicine Topics in 2019
- Emerging and leading-edge technology, orthobiologics, and contemporary surgical techniques
- **HANDS-ON!** Optional ultrasound sessions to enhance your diagnostic and therapeutic skills



The Academy would like to thank the **American Orthopaedic Society for Sports Medicine** and the **Arthroscopy Association of North America** for the many contributions made by its members in the presentation of this program. The Academy and orthopaedic specialty societies work together to provide orthopaedic surgeons with the highest quality educational programs and publications. This cooperative spirit among colleague organizations is an important resource and valuable asset for the orthopaedic community.

## WEDNESDAY, JANUARY 30

Evening 4:40 – 8:35pm

3:00 – 4:00pm **Registration**

4:00 – 4:30pm **INDUSTRY SPOTLIGHT SESSION\***

4:35pm **Welcome and Introduction**

**THE ROTATOR CUFF – Case-Based Learning**

**SLAP AND BICEPS – Case-Based Learning**

**TIPS OF THE TRADE: VIDEO TECHNIQUE CORNER**

- Arthroscopic Proximal Biceps Tenodesis
- Subpectoral Tenodesis
- Double Row Repair

## THURSDAY, JANUARY 31

Morning 6:30 – 9:45am

**THE UNSTABLE SHOULDER – Case-Based Learning**

**LIVE PATIENT CASE PRESENTATION**

**TIPS OF THE TRADE: VIDEO TECHNIQUE CORNER**

- Multidirectional Instability
- Latarjet
- Remplissage

### ENJOY RECREATIONAL BREAK TIME

Afternoon 2:45 – 8:20pm

**REHABILITATION FOCUS SESSION**

- Rehabilitation Following Articular Cartilage Procedures
- Rehabilitation of Tendinopathies
- SLAP Lesion Rehabilitation
- Criteria to Return to Play After ACL Injury/Surgery; What's the Evidence Indicate

**INDUSTRY SPOTLIGHT SESSION\***

**SPORTS MEDICINE AND THE TEAM PHYSICIAN**

- How to Do a High School and College Pre-participation Physical
- The Locker Room: Getting Them Out There...Again!
- Peri-operative Pain Management
- Supplements: Powders, Pills and Injections
- Concussions: The Do's and Don'ts of Proper Management

**KEYNOTE – Thanks to All of You in This Room...This is How We Survived our Injuries!**

**ORTHOBIOLIGICS IN SPORTS MEDICINE AND THE AGING ATHLETE**  
*A Partnership with the ON Foundation*

## FRIDAY, FEBRUARY 1

Morning 6:30 – 10:00am

**KNEE LIGAMENT – Case-Based Learning**

**TIPS OF THE TRADE: VIDEO TECHNIQUE CORNER**

- The Quadriceps Tendon Harvest
- The ALL: Ligament Reconstruction and ITB Tenodesis

### ENJOY RECREATIONAL BREAK TIME

**Schedule subject to change. For full schedule  
and to register, visit [aaos.org/SportsMed](https://aaos.org/SportsMed)**

## FRIDAY, FEBRUARY 1, continued

Afternoon 2:15 – 8:35pm

### BUSINESS SESSION

- The Physician Extender
- Establishing Ancillaries in Your Practice
- Getting Biologics Paid for in Your Practice

### INDUSTRY SPOTLIGHT SESSION\*

### REHABILITATION FOCUS SESSION

- Rehabilitation of the PF Joint Anterior Knee Pain and Acute PF Instability Event
- Rehabilitation Following Meniscal Repair

**KEYNOTE – Management of the Athlete with Articular Cartilage Disease**

**KEYNOTE – Articular Cartilage Treatment: What is the Best Available Evidence?**

**KEYNOTE – Femoral and Tibial Osteotomies in the Setting of Cartilage Repair**

**ARTICULAR CARTILAGE AND MENISCUS – Case-Based Learning**

**KEYNOTE – Evaluation and Treatment Options for Patellofemoral Instability**

**PATELLOFEMORAL – Case-Based Learning**

## SATURDAY, FEBRUARY 2

Morning 6:30 – 9:30am

**HIP, FOOT AND ANKLE, HAND – Case-Based Learning**

**ELBOW – Case-Based Learning**

### ENJOY RECREATIONAL BREAK TIME

Afternoon 2:45 – 7:30pm

### INDUSTRY SPOTLIGHT SESSION\*

#### TIPS OF THE TRADE: VIDEO TECHNIQUE CORNER

- Meniscus Transplantation and OA Graft
- FAI Surgery
- SCR Surgery

**ATHLETE'S SHOULDER – Case-Based Learning**

**KEYNOTE – Evaluation and Management of the Throwing Shoulder**

\*Industry Spotlight Sessions are non-CME. Views and products are not endorsed by AAOS, AOSSM, or AANA.

**Schedule subject to change. For full schedule and to register, visit [aaos.org/SportsMed](https://aaos.org/SportsMed)**

## Enhance Your Experience!

Improve your skills on and off the mountain with these special add-on events. Available for an additional fee. Visit [aaos.org/sportsmed](https://aaos.org/sportsmed) to learn more.



### Interventional Ultrasound Sessions

**Saturday, February 2, 6:30 – 9:00 pm – OR – Sunday, February 3, 7:00 – 9:30 am**

In these 2.5 hour sessions, you will review shoulder, knee, and elbow pathology, then perform hands-on live patient exams. Registration is required and is limited to 70 participants per session.



### Ski with an Olympian

Spend two hours of your planned recreation time with medal-winning Olympians Phil and Steve Mahre. Pair with attendees at your skiing ability to enjoy free skiing and tips from the pros. Learn more under Travel and Hotel Information at [aaos.org/SportsMed](https://aaos.org/SportsMed).



## DIRECTOR

### Brian J. Cole, MD, MBA

Midwest Orthopaedics at Rush, Chicago, IL  
Team Physician – Chicago Bulls and Chicago White Sox



## CO-DIRECTORS

### CAPT (Ret.) Matthew T. Provencher, MD MC USNR

The Steadman Clinic, Vail, CO



### Kevin E. Wilk, DPT, PT, FAPTA

Champion Sports Medicine, Birmingham, AL  
Team Affiliation – Tampa Bay Rays

## FACULTY\*

James P. Bradley, MD

Stephen F. Brockmeier, MD

Robert T. Burks, MD

Steven B. Cohen, MD

Josef K. Eichinger, MD

Scott C. Faucett, MD

Larry D. Field, MD

Rachel M. Frank, MD

Mark H. Getelman, MD

Alan Getgood, MD, FRCS

Darren L. Johnson, MD

Travis G Maak, MD

Eric C. McCarty, MD

Louis F. McIntyre, MD

Kyle R. Pilz, MMS, PA-C

Michael M. Reinold, PT

Felix H. Savoie III, MD

John M. Tokish, MD

Alison P. Toth, MD

Nikhil N. Verma, MD

Adam B. Yanke, MD

\*Invited faculty, subject to change

## How to Register:

1. **Online** at [aaos.org/SportsMed](http://aaos.org/SportsMed).
2. **Call** AAOS Customer Service at **1-800-626-6726** from 8:00 am to 5:00 pm CT. Outside U.S. dial **+1-847-823-7186**.
3. **Download** registration form at [aaos.org/SportsMed](http://aaos.org/SportsMed). Mail to AAOS, 9400 W. Higgins Rd., Rosemont, IL 60018. Or fax to **1-800-823-8025**. Outside U.S. fax to **+1-847-823-8125**.

## Registration Fees

AAOS or AOSSM or AANA Member/Candidate Member/Associate Member/International Member **\$1299**

Resident Member/Post-Residency Fellow Member/PA Member **\$899**

Nonmember/Other Physician/Non-Physician **\$1599**

Resident Nonmember/Post-Residency Fellow Nonmember/PA Nonmember/Nurse/Allied Health/  
Athletic Trainer/U.S. Military\* **\$1199**

AAOS or AOSSM or AANA Emeritus Member **\$799**

**Add on!** Optional Ultrasound Session (*Select your session when you register online*) **\$199**

\*For AAOS/AOSSM/AANA members in active U.S. military duty only

## Hotel

### Grand Summit Hotel at Canyons Village

4000 Canyons Resort Drive

Park City, UT 84098

Toll-Free: **1-888-416-6195**

### Housing Reservation Deadline: **December 28, 2018**

**Room Rate: \$374** Single or Double occupancy

**\$613** Suite

Plus Resort Fee



## Accreditation Statement

The American Academy of Orthopaedic Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education (CME) for physicians.

## AMA Credit Designation

AAOS designates this live activity for 19.5 **AMA PRA Category 1 Credit(s)**<sup>™</sup>. The optional ultrasound session is available for a maximum of 2.5 **AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credits commensurate with the extent of their participation in the activity.



## Continuing Education for Athletic Trainers

The American Orthopaedic Society for Sports Medicine (BOC AP#: P460) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 22 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

**This course fulfills one AOSSM membership meeting requirement.**

## Cancellation Policy

### Days Prior to Course Start Date

30+ days

29 to 15 days

14 days or less

### Refund

Registration fee less \$150 cancellation fee

50% refund

No refund