

SURGERY LOCATIONS		
Rush Surgicenter 312-563-2880 1725 W Harrison Suite 556 Chicago IL 60612 Valet Park / Elevator #3 Gold Coast Surgicenter 312-521-5500 845 N Michigan Ave Suite 985W Chicago IL 60611	Rush Oak Brook Surgery Center 630-472-2445 2011 York Road 3 rd Floor Oak Brook IL 60523 South Suburban Surgical Suites 219-595-0601 9200 Calumet Ave Suite E-100 Munster IN 46321	
BEFORE SURGERY		
<p>The surgery facility will call you in the afternoon the day before surgery with the time that you should arrive. <u>THE TIME OF THE SURGERY IS NOT DETERMINED BEFORE THEN.</u> If you do not receive a call from the surgery center by 3pm the day before your surgery, please phone them directly at the number listed above.</p> <p>If you are 40 years of age or older, or have any significant medical problems, you will need to have preoperative clearance done within 30 days of surgery at your medical doctor's office. If you are under the age of 40 and have no underlying medical conditions, you do not need preoperative testing. <u>Please be certain that the results are faxed to Dr. Cole at 708-409-5179 at least one week prior to your surgery date. If the results are not received in a timely manner, your surgery may be cancelled.</u></p> <p>Please ensure that we have your preferred pharmacy on file so we can e-prescribe your postoperative medications.</p> <p>Discontinue taking any aspirin or aspirin-like products (i.e. Advil, Motrin, Ibuprofen, Aleve, Celebrex) 1 week prior to surgery. If you are prescribed Aspirin 81mg for cardiac purposes, you may continue to take it. You may continue to take Tylenol.</p> <p>If your surgery requires post-operative equipment such as crutches, braces, and icing or motion machines, our office will order these products for you. They will either be delivered to your home or directly to the operating room. <u>If you have an HMO, please follow-up with Dr. Cole's office. You may need to order your own equipment through your primary care doctor with the prescriptions provided by Dr. Cole. Please do this immediately upon scheduling surgery.</u></p> <p>Please arrange for someone to drive you to and from the hospital. This cannot be rideshare or taxi.</p> <p><u>No eating or drinking after midnight the night before surgery.</u></p> <p>Please review Dr. Cole's preoperative binder at: https://www.briancolemd.com/patient-surgery-binder/</p>		
STAFF CONTACT INFORMATION:		
<p>Dr. Cole's PA's can be reached at: colePA@rushortho.com</p> <p>Dr. Cole's Administrative Team can be reached at: coleadmin@rushortho.com</p> <ul style="list-style-type: none"> Valerie M- P: 312-432-2352 / valerie.mckenzie@rushortho.com Valerie G- P: 312-432-2379 / valerie.gamez@rushortho.com Maeghan- P: 312-432-2381 / mvickerstaff@rushortho.com 		

DAY OF SURGERY

- Remember—No breakfast or drinks in the morning!
- Take all prescription medicines the morning of surgery with only a sip of water, unless otherwise instructed by your medical doctor.
- Bring your lists of medications and any preoperative questions.
- Bring all braces, crutches, and icing machines you may have in your possession as prescribed by Dr. Cole. Motion machines may be left at home.
- Your driver should accompany you at the time of check-in or be able to be reached by phone.

AFTER SURGERY

- Following surgery, you will be in the recovery room for approximately 30-45 minutes before your family is called back.
- Someone from Dr. Cole's office will contact you a day or two following your surgery. If you have any questions following your surgery, please email the PA's at colepa@rushortho.com or call 312-432-2381.
- If you have an emergency after office hours or on the weekends, call 312-243-4244 and you will be connected to our page service – they will contact the on-call fellow.
 - Do NOT call the office or surgicenter.
- Review your post-operative instructions for specific questions regarding wound care, medications, activity, exercises, brace usage, ice therapy, follow-up care, emergencies, or any other concerns. If you have lost these instructions, please reference our website (www.BrianColeMD.com) where they can be found under the "Postoperative Instructions" in the patient surgery binder.
- Your first post op appointment typically occurs 9-14 days from surgery and with one of Dr. Cole's Physician Assistants. Most visits are telemedicine. Our team will let you know if you will be seen in clinic instead. For scheduling you may call: 708-236-2799

REHAB

- Physical therapy, unless otherwise specified by our team, will begin approximately 10-14 days postop.
- We recommend, and prefer whenever possible, that you utilize MOR PT given the communication and known quality that our therapists provide. We can work with you to find an outside facility if MOR PT is not near where you live.
- It is recommended that you schedule your initial 3 post-op PT visits once you know the anticipated start date from Dr. Cole's team. Please email colepa@rushortho.com if you need the PT script to schedule therapy.
- Please visit www.rushortho.com for all our locations.
- Our PT central scheduling phone number is 312-432-2591